



November 2017 Newsletter

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NEW! *Coping with the* **LOSSES of Life**

Coping with the Losses of Life has just been jointly released by the Living Free and FIT organizations.

Handling Loss and Grief is now Coping with the Losses of Life.

It represents the final version of the revised *Handling Loss and Grief* course developed by FIT in

the last two years. It is authored by FIT President Don Pratt as an adaptation of the original course written by the late Dr. Raymond Brock.

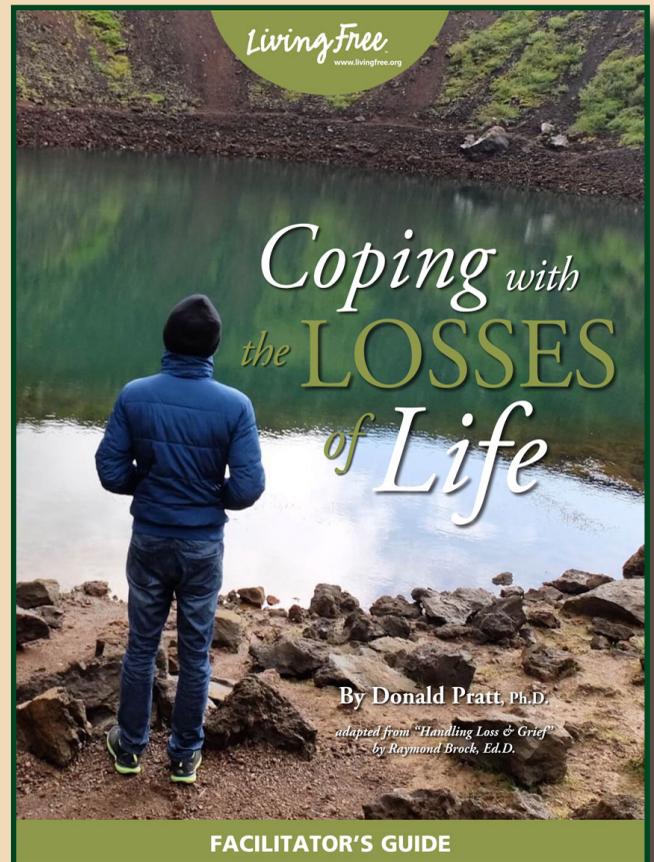
Everyone will experience some type of loss during their lifetime. Although some handle loss better than others, being prepared is beneficial to everyone – with personal loss as well as also helping others to cope with their losses. The small group study sessions found in this comprehensive workbook will help participants identify the losses they have suffered in life and understand the impact that these losses have on the way they live. The pain of loss often pushes people toward self-destructive choices. The goal of these studies is to identify the negative impacts of our losses, to choose to deal with them in constructive ways, and to discover how to live a fulfilling life. This study draws from the biblical wisdom which for thousands of years has helped people suffering from loss find hope and meaning in life.

Examples of loss addressed in the workbook include: • broken relationships • family separation • death • addictions • loss of physical or mental wellness • loss of freedom • loss of home or • career loss.

This course is well suited for our clients who have lost everything. Some say this course is the one that helped them the most, especially with anger. One recovery house asked us not to use it there because they had a complaint that a client said they didn't need it. After explaining to the director what was really in the course, she said "they really need that"! We continued, and it was one of the most successful courses we ever had there. Properly used FIT courses, taught by insightful facilitators who will listen are powerful tools to address the deep issues that people face.

Many of the lessons begin with worksheets

The book contains 9 lessons and 112 Pages. Many of the lessons begin with worksheets that can be used to start the lessons. They are available in the book and online at our website at www.familyintegrity.org.



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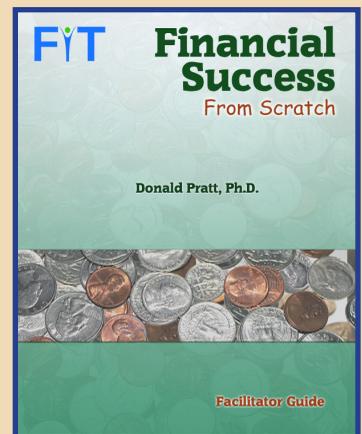
16 Trained at Oxford, FL

What a wonderful time we had in our leader training session at Oxford Assembly of God on September 30! Sam Cotto, center, speaking, organized the event and Pastor Strickland hosted the meeting at his church. Pastor Strickland also made introductory remarks. Most of the attendees are locals who are planning to work with Bishop Cotto at his Casa House recovery center. They will be using the total FIT program. Also in attendance were Frank and Naomi Mattei from Spring Hill. They will be promoting our program in their church to get more facilitators to work in the Hernando Correctional Institution state prison for women. HCI is designated as a faith-based prison. Then we had Theresa Rosenberg from Clermont, FL. She plans to work in the Lake Correctional Institution, also located in Clermont. Diana Hill came all the way from Orlando to add to the great work already being done at the jail there.

Here is a report from Nicole Dyson about her ministry at the Florida Women's Reception Center, Ocala:

May this testimony encourage all who read it; but more importantly, glorify the Lord our God! My name is Nicole Dyson. My husband Randy and I go into the women's prison and facilitate your courses. We absolutely love all of your courses because they are scripturally based and soaked in God's word! So far we have completed *Anger Dynamics*, *Financial Success*, and we are now working on the *Insight Group* course.

This beautiful story is about the *Financial Success* course we facilitated. Now, I must admit that I was not as excited about the *Financial Success* course as much as the other ones. I was expecting to go over budgets, managing money, getting out of debt, and the like, which we did. I was surprised at the simplicity of the layout of guiding them to truly succeed financially. BUT! I was not ready for what God was doing in the hearts of the ladies in our group!



There is a section where your course covers tithing and really trusting God as our provider and to give from the heart and be blessed. That is where God showed up and showed off in our group! At the end of our course, we asked each group member what she learned from this and how she was going to take what she learned with her upon her release from prison. To our surprise, what happened then left both my husband choked up. Some of the ladies had already begun to put into practice tithing ten percent on their commissary and adding a gift offering to those who were less fortunate! The love of God compels us!

Nicole E Dyson, CNC, Nutrition Epiphany, LLC, 239-728-4398, www.nutritionepiphany.com

Don't forget our November Leader Trainer Meetings. Sign up today. \$10 fee increase December 1.

Saturday, November 4, Adm Bldg, Journey Assembly of God, 5017 37th St, Bradenton, FL, 8-4.

Friday, November 10, The Presbyterian Church of Sylva, Sylva, NC, 9-4.